

## **Discover Your Life Purpose**

## Week 3 - Your Attitude

## To Do List

- 1. Move forward this week with a positive attitude to what you ultimately want to do in life. Listen to your 'self talk' and how you talk to others, be positive have enthusiasm and energy!
- 2. Start to believe that you will find your ideal role in life by making a dedicated decision find it no matter what or how long it may take you!

<u>Tip:</u> remember to discover your ideal career path or role in life to help you fulfil your life purpose can take time so a balance between taking the right action and patience is required.