



Discover Your Life Purpose

Week 2 – Helping Yourself

To Do List

- 1. Identify 1-2 areas of your life that YOU need help with and help yourself by working on those aspects in your life**

Tip: get help and at least start and make an effort. Most things will not be fixed over night or over one week but you can start and this is getting you onto your right path in life!

P.S. If you need help with your finances we recommend Abound Lifestyle Planning. Just mention you were referred by Jina Life and they will be sure to look after you. Simply go to: www.aboundlp.com.au

Jacqueline